



08.30	Registration, coffee and tea.
09.00	Opening with music.
09.10	Official opening by Jeanette Noordijk, president of King William I College.
09.20	Project- information by Anne Sirge, project leader and head of the Department of Education and Training, East Tallinn Hospital, Tallinn, Estonia.
09.35	The tasks and results from King William I College in the project.
09.45	Musical intermezzo.
09.55	<p>Community-dwelling frail older people.            Frail older people have a higher risk of disability, health care utilization and premature death. For effective prevention and treatment of frailty in community-dwelling older people, frailty or 'at risk of frailty' must be recognized and interventions therefore need to start early. In this presentation the measurement of frailty in both research and practice will be discussed. In addition, nursing education focused on frail older people will be presented.</p> <p>Robbert J.J. Gobbens. MSc, PhD, manager of the Master's Programme in Advanced Nursing Practice and Senior researcher at the Rotterdam University of Applied Sciences in The Netherlands. He has been involved in research on frail older people since 2005 and has recently published a number of international scientific articles on frailty.</p>
10.20	Coffee break.
10.45	<p>Bitte tief durchatmen.            Atmen beeinflusst den ganzen Körper. Dabei spielt die Beckenbodenmuskulatur eine wichtige Rolle und der Synergismus zwischen Zwerchfell, Bauchmuskulatur und Beckenboden ist Voraussetzung für effizientes und physiologisches atmen.            Elisabeth Kalchschmid, D.O. Direktorin Schule für den dipl. medizinisch-technischen Fachdienst Ausbildungszentrum West für Gesundheitsberufe der TILAK GmbH Innsbruck.</p>
11.30	Back to the future. Nursing education and examination in the last 60 years in the Netherlands by Helma Hoebink.
12.00	Musical intermezzo.
12.15	Wrapping up by Jeanette Noordijk.
12.30	Lunch.

