

Action/Performance Assessment List

Hair Care in the bed

	The first Assessment		The second Assessment
Name	Date		Date
	Module		Module
Short Information	Groomed hair is one of the basic needs of a human being. Lack of hair care can lead to entanglement, obesity and scaling. Patients that can not perform their hair independently or inadequately require nursing support.		
Target	<ul style="list-style-type: none"> - client, patient and inhabitant has groomed hair. - The support and preservation of a well-groomed appearance is guaranteed 		
Assessment	C	Correct	
	MDF	Defective Performance, forgotten	
	CAA	Cannot be accurately assessed, not applicable	
Required material	Comb or brush, towels, if necessary, hair ornaments, washcloths, shampoo, vessel for warm water, maybe disposable apron, container for water, if necessary, special hair wash basin, hairdryer, perhaps Positioning aids, bed protection (natural rubber or Moltex)		
Preparation	<ul style="list-style-type: none"> - Informing clients, patients and inhabitants and involve in the action, promote resource - Provide Utensils for hair care - Remove jewelry and possibly hearing aid 		
Performance	Principles		
	<ul style="list-style-type: none"> - Using combs or brushes only patient-related - Concerning pat./clients/inhabitants which mostly lie in bed, do not use hair clips or needle (pressure points) - Watch pat./clients/inhabitants for loss of hair - Do not brush greasy hair 		

	<p>thoroughly, as this stimulates the production of sebum</p> <ul style="list-style-type: none"> - Do not dry hair too long and too hot, as this can dry out the hair <p>1. Care of dry hair:</p> <ul style="list-style-type: none"> - pat./clients/inhabitants (optimal upper body position) - Towel inferior - Comb hair gently <p>- At (immobile) long-haired pat./clients/inhabitants if desired, braid or tie the hair to avoid knotting</p> <p>2. For pat./clients/inhabitants very strenuous - check circulatory status, perform with 2 nurses - task sharing</p> <p>3. Store/position pat./clients/inhabitants flat on his back, torso superimposed to the shoulders to cushion (storage aid)</p> <p>4. Lay bed protection underneath and place hair wash basin (bowl) above the shoulders into the bed (maybe remove headboard)</p> <p>5. Wet hair, wash with shampoo, massage and then rinse foam well</p> <p>6. Rub hair of he pat./clients/inhabitants dry and put him/her in the upper body position</p> <p>7. Comb hair, brush and blow dry (individually desired by pat./clients/inhabitants)</p> <p>8. Control whether bed is wet - possibly change bed linen</p>	
Follow-up processing	<ul style="list-style-type: none"> - Store pat./clients/inhabitants and allow him/her to rest - Recycle or dispose required care appliances - Hand disinfection - Documentation " 	
Requirement	<ul style="list-style-type: none"> " - Fulfils (exclusive assessments with "Correctly" or "Not judgeable, not applicable") - "Not fulfilled" (an assessment with 	

	"Defective performance")"	
	The first Assessment	The second Assessment
Requirement		
Requirement		
List of Sources	<p>Tilak - Intranet, Pflege/Pflegerichtlinien (März 2009)</p> <p>Schewior-Popp S., Sitzmann F., Ullrich L. (2009). Thiemes Pflege. Stuttgart New York.</p> <p>Georg Thieme Verlag</p> <p>Menche N. et. al (2011). Pflege Heute. München, Jena. Urban&Fischer Verlag</p>	
Legend		