

**Action/Performance Assessment List**

**Intimate Care for Men**

	The first Assessment		The second Assessment
Name	Date		Date
	Module		Module
<b>Short Information</b>	Personal hygiene implies - sensitivity, the individual needs to be respected - even more than others do at the body! The genital area is due to the anatomical characteristics particularly susceptible to infection, odor and pressure ulcers.		
<b>Target</b>	- Adequate personal hygiene - To promote and maintain a well-groomed appearance is guaranteed		
<b>Assessment</b>	<b>C</b>	Correct	
	<b>MDF</b>	Defective Performance, forgotten	
	<b>CAA</b>	Cannot be accurately assessed, not applicable	
<b>Required material</b>	Table, wash bowl, wash cloths (if disposable washcloths), towels, possibly wash lotion, disposable gloves, Paravant (folding screen)		
<b>Preparation</b>	- Informing clients, patients and inhabitants and involve in the action, promote resource - Pay attention to room temperature - Tool to provide intimate care nursing "		
<b>Performance</b>	Principles		
	<ul style="list-style-type: none"> <li>- Observation during intimate care possible (s) discharge, bleeding from the urethra, skin and mucosal changes</li> <li>- Privacy at every stage of care sequence were</li> <li>- Strips must be dried well - otherwise danger of intertrigo</li> <li>- Towel, wash water, wash cloths and gloves must be unused for intimate care</li> </ul> <p>1. Water temperature and any additions to the request of Pat / Klien / rat. and situation (degree)</p>		

	<ol style="list-style-type: none"> <li>2. The Pat / Klient / rat. is in the supine position, he should spread legs slightly for intimate lingerie</li> <li>3. Beginning at the navel wash on both sides of the abdominal wall and the upper third of ridges along the thigh. Then dry it well</li> <li>4. Washing and drying direction is always from ventral to dorsal</li> <li>5. Push back the foreskin and wash the glans completely gently but thoroughly. Washing direction away from the urethra - the risk of infection</li> <li>6. Wash the scrotum - (lift with one hand)</li> <li>7. Dry the whole genital thoroughly</li> <li>8. After drying necessarily slide foreskin back over the glans to avoid a congestion and swelling</li> <li>9. Washing buttocks and anal region: <ul style="list-style-type: none"> <li>- Wash the whole buttocks and the upper third of the thigh</li> <li>- Anus is washed towards the coccyx</li> <li>- Then dry everything well</li> </ul> </li> </ol>	
<b>Follow-up processing</b>	<ul style="list-style-type: none"> <li>- Position the patient/client/inhabitant</li> <li>- Decontaminate or reprocess required care utensils</li> <li>- Hand disinfection</li> <li>- Documentation</li> </ul>	
<b>Requirement</b>	<ul style="list-style-type: none"> <li>" - Fulfils (exclusive assessments with "Correctly" or "Not judgeable, not applicable")</li> <li>- "Not fulfilled" (an assessment with "Defective performance")"</li> </ul>	
	<b>The first Assessment</b>	<b>The second Assessment</b>
<b>Requirement</b>		
<b>Requirement</b>		
<b>List of Sources</b>	Tilak - Intranet, Pflege/Pflegerichtlinien	

	<p>(März 2009)</p> <p>Schewior-Popp S., Sitzmann F., Ullrich L. (2009). Thiemes Pflege. Stuttgart New York.</p> <p>Georg Thieme Verlag</p> <p>Menche N. et. al (2011). Pflege Heute. München, Jena. Urban&amp;Fischer Verlag</p>	
<b>Legend</b>		